



# The Four Watches Of The Night

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*"Therefore, stay awake—for you do not know when the master of the house will come, in the evening [First Watch], or at midnight [Third Watch], or when the rooster crows [Fourth Watch], or in the morning lest he come suddenly and find you asleep. And what I say to you I say to all: stay awake." Mark 2:35-37*

*"Could you men not keep watch for me one hour? he asked Peter. Watch and pray so that you will not fall into temptation. The spirit is willing but the body is weak" Matthew 26:40-41*

Christians around the world are waking up to the prayer rhythms of heaven. It is significant to discover the watches of the night and how they coincide with the timing of many key events in biblical history.

- ★ God invites us spontaneously into a prayer watch by awakening us during the night.
- ★ God also invites us to intentionally schedule a night watch of extended prayer.

## 1. First WATCH 6 PM

*"Arise, cry out in the night, at the beginning of the night watches! Pour out your heart like water before the presence of the Lord! Lift your hands to Him for the lives of your children, who faint for hunger at the head of every street." Lamentations 2:19*

*"Proclaim His faithfulness at night." Psalm 92:2*

*"And every day he was teaching in the temple, but at night he went out and lodged on the mountain called Olivet." Luke 21:37*

## 2. Second WATCH 9 PM

*"My eyes are awake before the watches of the night, that I may meditate on your promise." Psalm 119:148*

## 3. Third WATCH 12 Midnight

*"At midnight I rise to praise you because of your righteous rules." Psalm 119:62*

*"About midnight, Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them and suddenly there was a great earthquake so that the foundations of the prison were shaken. And immediately all of the doors were open and everyone's bonds were unfastened." Acts 16:25-26*

#### 4. Fourth WATCH 3 AM

*"And in the morning watch the Lord in the pillar of fire and of cloud looked down on the Egyptian forces and threw the Egyptian forces into panic, clogging their chariot wheels so that they drove heavily. And the Egyptians said 'Let us flee from before Israel for the Lord fights for them against the Egyptians.'" Exodus 14:24-25*

*"And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed." Mark 1:35*

*"And in the fourth watch of the night he came to them, walking on the sea." Matthew 14:25*

*"Now on the first day of the week Mary Magdalene came to the tomb early, while it was still dark and saw that the stone had been taken away from the tomb." John 20:1*

*Good Morning, Lord | 6 AM*  
Ministering to the presence of the Lord.

*"Morning by morning; he wakens my ear to hear as those who are taught. The Lord God has opened my ear, and I was not rebellious; I turned not backward." Isaiah 50:4b-5*

*"Proclaim his love in the morning." Psalm 92:2*

*"So Moses stretched out his hand over the sea and the sea returned to its normal course when the morning appeared and as the Egyptians fled into it, the Lord threw the Egyptians into the midst of the sea." Exodus 14:27*

*"Aaron shall burn fragrant incense on it. Every morning when he dresses the lamps he shall burn it." Exodus 30:7*

- ★ We have learned to ask, *"Lord, teach us to pray."*
- ★ It may be time to start asking, *"Lord, teach us to watch and pray."*

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